

# Chapter 1. Food: Where does it come from ?

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## Very Short Q&A

**Q1:** There is a lot of variation in the food eaten in different regions of India. True/ False

**Ans:** True

**Q2:** State the chief food of South India

**Ans:** Dosa, Idli, Sambhar

**Q3:** State the chief food of South India

**Ans:** Paw bhaji, and sea foods

**Q4:** The chief food of Gujarat is \_\_\_\_\_

**Ans:** Thepla and dhokla

**Q5:** Name the two ingredients involved in cooking of rice.

**Ans:** Raw rice and water

**Q6:** Some food items are cooked with many ingredients. True/ False

**Ans:** True

**Q7:** Give example of food items that are cooked with many ingredients.

**Ans:** Vegetable curry, dal etc.

**Q8:** What are the ingredients used in making roti?

**Ans:** Atta and water

**Q9:** Name the sources of our food products.

**Ans:** Plants and animals

**Q10:** List the source which provides us with egg.

**Ans:** Animal, that is chicken

**Q11:** List the source which provides us with honey.

**Ans:** Animal that is honey bees

**Q12:** Grains are animal product or plants product?

**Ans:** Plants product

**Q13:** Cream, ghee, butter and curd are animal product or plants product?

**Ans:** Animal product

**Q14:** Enlist the products that we get from plants.

**Ans:** Grain, cereals, vegetables and, fruits comes from plants and plants products.

**Q15:** Enlist the products that we get from animals.

**Ans:** Milk and milk products, egg, meat, chicken, fish, prawn, beef, pork etc. are the food products that we get from animals.

**Q16:** Name some other animals apart from cow that gives us milk.

**Ans:** Goat, camel, buffalo etc.

**Q17:** We don't eat leafy vegetables. True/ False

**Ans:** False

**Q18:** We eat \_\_\_\_\_ , stem and \_\_\_\_\_ of some plants.

**Ans:** Roots, stem and flowers

**Q19:** Some plants have two or more \_\_\_\_\_ parts.

**Ans:** Edible

**Q20:** Give example of seeds that get sprouted.

**Ans:** Seeds of moong or chana.

**Q21:** Honey bees collect nectar from\_\_\_\_\_.

**Ans:** Flower

**Q22:** Where does honey bee lives?

**Ans:** In bee hives

**Q23:** All animals have same food and feeding habit. True/ False

**Ans:** False

**Q24:** Plant eating animals are called\_\_\_\_\_.

**Ans:** Herbivores

**Q25:** Carnivores feed on both plants and animals. . True/ False

**Ans:** False

**Q26:** Give two examples of herbivores.

**Ans:** Cow, buffalo, goat, deer etc.

**Q27:** Give two examples of carnivores.

**Ans:** Lion, tiger, leopard etc.

**Q28:** Give two examples of omnivores.

**Ans:** Human beings, rat etc.

**Q29:** We get sugar from\_\_\_\_\_.

**Ans:** Plants

**Q30:** A deer eat only plant product and so, it is called \_\_\_\_\_.

**Ans:** Herbivores.

**Q31:** Parrot eats only\_\_\_\_\_ product.

**Ans:** Plant

**Q32:** Parrot eats only\_\_\_\_\_ product.

**Ans:** Carnivores.

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## Short Q&A

**Q1:** Give example of a plant having more than one edible part. What are those parts?

**Ans:** Mustard plant's seeds give us oil and its leaves are used as vegetables.

**Q2:** How can you make sprouts at home?

**Ans:** Put small quantity of seeds in a container filled with water and leave this for one day. Next day drain the water completely and leave the seeds in the vessel. Wrap the seeds with a piece of wet clothes and open it in the following day, we will observe a small white structure have grown out of the seeds, seeds with such small white structure are called sprouted .

**Q3:** Differentiate between the products that we get from plants and animals.

**Ans:** Plants give us products like Grain, cereals, vegetables and, fruits. But animals give us products like milk and milk products, egg, meat, chicken, fish, prawn, beef, pork etc.

**Q4:** How do we get honey?

**Ans:** A bee collects nectar from flowers, converts it into honey and stores it in their hive. These honeys are collected from beehives and are used as food products.

**Q5:** Draw the diagram of a bee hive.

**Ans:**



**Q6:** Differentiate between herbivores and carnivores.

**Ans:**

| <b>Herbivores</b>   | <b>Carnivores</b>   |
|---|---|
| 1. Feeds on plants and plants products.<br>2. Cow, goat and deer are herbivores | 1. Feeds on flesh of other animals<br>2. Lion, tiger and leopard are carnivores |

**Q7:** Differentiate between omnivores and carnivores.

**Ans:**

| <b>Omnivores</b>   | <b>Carnivores</b>   |
|--|---|
| 1. Feeds on both plants and animals.<br>2. Example: Human beings, rat etc. | 1. Feeds on flesh of other animals<br>2. Example: Lion, tiger, leopard etc. |

**Q8:** Differentiate between herbivores and omnivores

**Ans:**

| <b>Herbivores</b>  | <b>Omnivores</b>  |
|--|---|
| 1. Feeds on plants and plants products.<br>2. Cow, goat and deer are herbivores. | 1. Feeds on both plants and animals<br>2. Example: Human beings, rat etc. |

**Q9:** What do you mean by herbivores and carnivores animals?

**Ans:**

| <b>Herbivores</b>   | <b>Carnivores</b>   |
|---|---|
| 1. Feeds on plants and plants products.<br>2. Cow, goat and deer are herbivores | 1. Feeds on flesh of other animals<br>2. Lion, tiger and leopard are carnivores |

**Q10:** Who all belong to the family of herbivores?



**Ans:**

| Herbivores  | Carnivores  |
|---|---|
| 1. Feeds on plants and plants products.<br>2. Cow, goat and deer are herbivores | 1. Feeds on flesh of other animals<br>2. Lion, tiger and leopard are carnivores |

**Q11:** Who all belong to the family of carnivores?

**Ans:**

| Herbivores  | Carnivores  |
|---|---|
| 1. Feeds on plants and plants products.<br>2. Cow, goat and deer are herbivores | 1. Feeds on flesh of other animals<br>2. Lion, tiger and leopard are carnivores |

**Q12:** What do you mean by omnivores and carnivores animals?

**Ans:**

| Omnivores  | Carnivores  |
|--|---|
| 1. Feeds on both plants and animals.<br>2. Example: Human beings, rat etc. | 1. Feeds on flesh of other animals<br>2. Example: Lion, tiger, leopard etc. |

**Q13:** What do animals eat?

**Ans:** Different animals have different feeding habit. Some eat green plans and plant products and are called herbivores like cow and deer. Some feed on flesh of other animals and are called carnivores. Like lion. Some animals eat both plants and animals and are called omnivores, like humans, rat etc.

**Q14:** Name five plants and their parts that we eat.

**Ans:** Following are the five plants products:

1. Apple tree -fruit
2. Wheat plant- Seed



3. Potato plant- Stem
4. Beetroot- Root
5. Spinach plant- Leaves

**Q15:** State all milk products.

**Ans:** Ghee, paneer, cheeses, butter, ice-cream, yogurt etc.

**Q16:** What do you mean by vegetarian food?

**Ans:** All food products that we get from plants and plants products are called vegetarian food products. Like cereals, grains vegetables and fruits.

**Q17:** What is non- vegetarian food?

**Ans:** Food products like chicken, meat and their products are called non-vegetarian food products.

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## Long Q&A

**Q1:** Explain different mode of nutrition in animals.

**Ans:** Different animals have different feeding habit. Some eat green plans and plant products and are called herbivores like cow and deer. Some feed on flesh of other animals and are called carnivores. Like lion. Some animals eat both plants and animals and are called omnivores, like humans, rat etc.

